

# Meeting Outline – 26<sup>th</sup> October 2023

Being your child's coach - Mrs Dodge

What do we already know for summer 2024 – Mr Foster

Exam Success in GCSE English – Mrs Bignell

Exam Success in GCSE Maths – Mr Conolly

Exam Success in GCSE Science – Mr Cropper

Cognitive Science and Revision – Mrs Dodge

Questions and take away actions from the meeting – Mrs Dodge

## Y11 Key Dates 2023 – 2024

Event	Date
Sixth Form Open Evening (Students only)	Tuesday 7 <sup>th</sup> November 2023
Y11 Parents Talk for Post 16 @ EDA	Thursday 16 <sup>th</sup> November 2023
Year 11 Parents Evening	Tuesday 21 <sup>st</sup> November 2023
GCSE Music Performance Recording 1	Tuesday 21 <sup>st</sup> November 2023
GCSE Music Composition 1	Tuesday 19 <sup>th</sup> December 2023
Year 11 Creative <u>IMedia</u> Coursework Deadline	December 2023
Elevate Education Workshop	Tuesday 23 <sup>rd</sup> January 2024
Y11 GCSE PE High Adventures	9 <sup>th</sup> -11 <sup>th</sup> February 2024
Year 11 PPEs/Mock Exams	Monday 5 <sup>th</sup> February – Friday 1 <sup>st</sup> March 2024
Mock MFL Speaking Examinations	Spring Term 1 W/B 8 <sup>th</sup> January 2024
WJEC NEA2 Practical Cooking (Food)	29 <sup>th</sup> January – 1 <sup>st</sup> February 2024 (class and date TBC)
GCSE Music Performance Recording 2	Tuesday 20 <sup>th</sup> February 2024
Y11 NEC "What Career?" Visit	Friday 1 <sup>st</sup> March 2024
GCSE Music Composition 2	Friday 15 <sup>th</sup> March 2024
MFL Speaking Examinations	Summer Term 1 W/B 15 <sup>th</sup> April 2024
GCSE Art Practical Examinations	<u>10 hour</u> practical exam to be held W/B 22 <sup>nd</sup> April 2024
GCSE Photography Practical Examinations	<u>10 hour</u> practical exam to be held W/B 29 <sup>th</sup> April 2024
Summer Examination Period	Monday 6 <sup>th</sup> May 2024 – Friday 28 <sup>th</sup> June 2024
Year 11 Leavers Assembly and Breakfast	Friday 21 <sup>st</sup> June 2024 (provisional date only)
Exam Contingency Days	6 <sup>th</sup> June 2024, 13 <sup>th</sup> June 2024 and Wednesday 26 <sup>th</sup> June 2024
Year 11 Prom	Thursday 27 <sup>th</sup> June 2024
Sixth Form Induction Days	July 2024 (dates RBC)
GCSE Results Day	Thursday 22 <sup>nd</sup> August 2024

# *“I’ll revise hard for the real exams”*

- It’s better to remind yourself each time than learn it from scratch – forgetting curve



## Be the right coach at the right time

- Everyone has obstacles, and it’s sometimes hard, but successful people overcome them



**First  
Attempt  
In  
Learning**



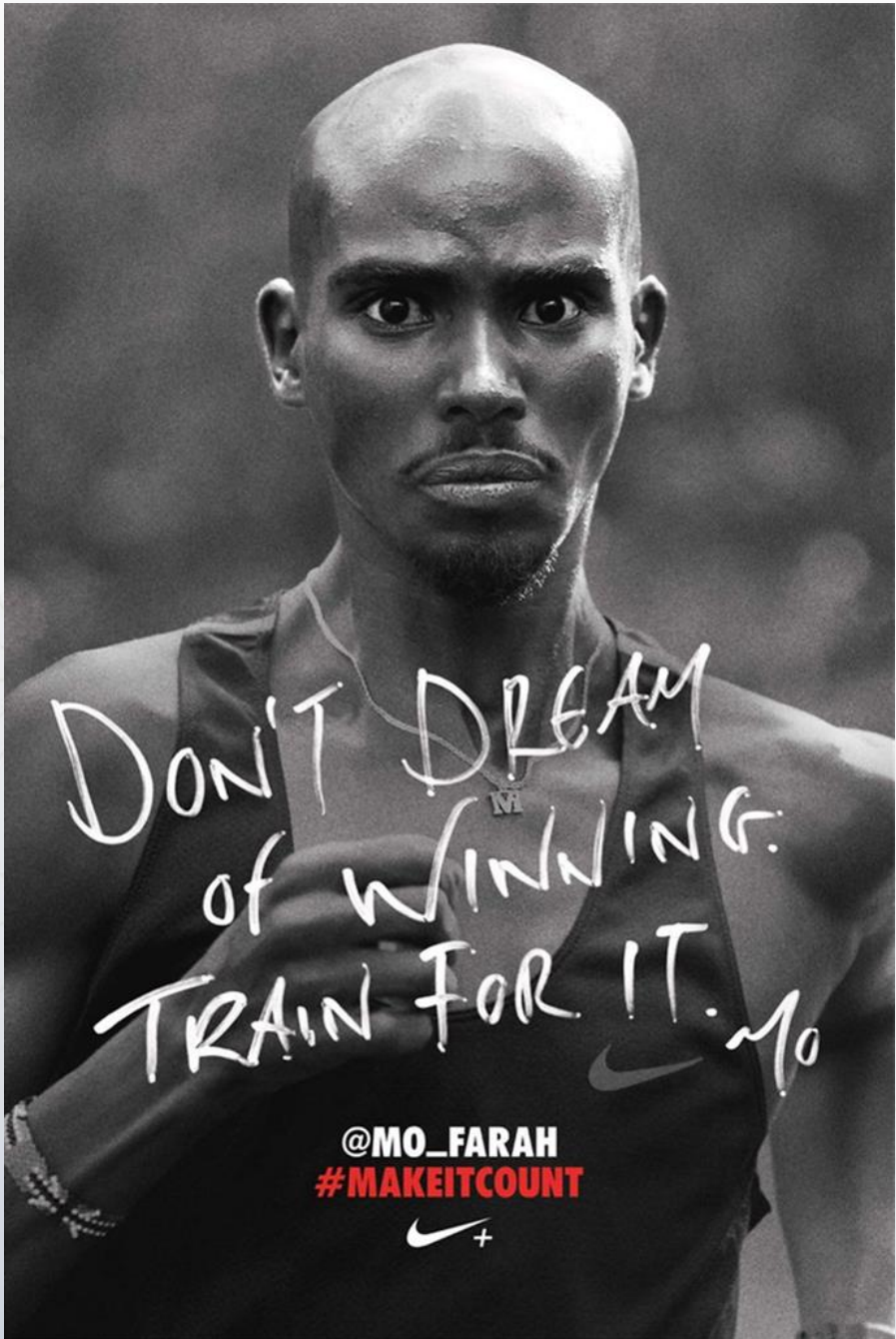
- Focus your child on being the best **they** can be.



RESPECT  
COURAGE  
EQUALITY  
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# Y11 GCSE Exam Success Evening

Mr Foster

## What we Currently Know

- GCSE Grades will return to the levels seen in 2019.
- This means that students will have the same chance of getting any grade e.g., 6 or 7 as they did in 2019.
- Vocational subjects will also return to a 2019 grade profile.
- Consultation is currently out on whether students will be able to use formula sheets in Mathematics, Combined Science and Physics.
- Students will **NOT** be given advanced notification of key revision areas as they were in previous years.
- If a student has studied the whole course but is ill during the exam period they may be able to receive a grade by sitting one paper in the qualification rather than the previous rule of 25% of the assessment, although certification of illness will be needed.
- Students must learn and revise the full content for each qualification they are taking.



# What we know about the new 9-1 grading system

A*		9
		8
A		7
B		6
		5
C		4
D		3
E		2
F		1
G		

**Grade 9** will be the top 20% of those currently getting grade 7 or higher.

**Grade 7** will be the same as currently achieving a grade A.

**Grade 5** positioned in the top third of current grade C and bottom third of current grade B. **Strong Pass (May 2017)**

**Grade 4** will be same as currently achieving a grade C. **Standard Pass (May 2017)**

Bottom of a **grade 1** aligned with bottom of grade G.

## However

- All of these amendments will mean that making professional predictions will be, once again, a challenge.
- Grade boundaries are created after the examinations are completed and because the 2023 grade boundaries were used to bring standards towards 2019, we can't use these as an accurate guide. (2021 saw a rise in the higher grades due to TA)
- We are likely to use grade boundaries somewhere between 2019 and 2023 to build in a degree of caution when it comes to predicating student performance and reporting this home to families.
- There is no current provision to give a different grade if a student has been affected by COVID-19.
- We will factor this into a recruitment process for the Sixth Form when the time arises so that no students are disadvantaged.



## Finally

- Last year, we were faced with the same level of uncertainty as we are this year. However, the teaching staff at EDA have absolute clarity on what the students need to do to achieve the grades they require to get them to their next steps. Our results last year demonstrated this and I trust them all implicitly to deliver again.

### **Success in examinations will be down the following:**

- ✓ Attend every day
- ✓ Work hard and never disrupt learning
- ✓ Complete all classwork and homework
- ✓ Act upon teachers feedback
- ✓ Attend intervention should you be requested to do so
- ✓ Revise for all assessments, checkpoints and PPEs
- ✓ #trusttheprocess

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# Exam Success in GCSE English

Mrs Bignell

# English Literature GCSE

Paper 1	Paper 2
<b><u>Section A</u></b> <b>'Macbeth' by William Shakespeare</b> <b>30 marks + 4 marks</b>	<b><u>Section A</u></b> <b>'An Inspector Calls' by J.B. Priestley</b> <b>30 marks + 4 marks</b>
<b><u>Section B</u></b> <b>'Dr Jekyll and Mr Hyde' by R.L. Stevenson</b> <b>30 marks</b>	<b><u>Section B</u></b> <b>Power and Conflict Poetry</b> <b>30 marks</b>
	<b><u>Section C</u></b> <b>Unseen Poetry</b> <b>24 marks + 8 marks</b>



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0 1

Robert Louis Stevenson: *The Strange Case of Dr. Jekyll and Mr. Hyde*  
Read the following extract from Chapter 4 (The Carew Murder Case) of *Dr. Jekyll and Mr. Hyde* and then answer the question that follows.

In this extract, Utterson is  
lodging house after the n

It was by this  
A great chocolate-  
...ally charm

2 6

Compare how poets present the effects of war  
other poem from 'Power and conflict'.

Macbeth

Read the following extract from  
question that follows.

At this point in the play

0 1

Scene 5 of *Macbeth* and then answer the

She has just read *Macbeth's*

How far does Priestley present Mrs Birling as an unlikeable character?

- Write about:
- what Mrs Birling says and does in the play
  - how Priestley presents her by the ways he writes.

Bayonet Charge

5

Suddenly he awoke and w  
In raw-seamed hot khaki  
Stumbling across a field  
That dazzled with rifle  
Bullets smacking the  
He lugged a rifle nu  
The patriotic tear t  
Sweating like mo

10

In bewilderment  
In what cold c  
Was he the ha  
Like a man who has  
Listening between his foot  
Of his still running, and his foot  
Statuary in mid-stride. Then the shot-

15

20

Threw up a yellow hare that rolled like a flame  
And crawled in a threshing circle, its mouth wide  
Open silent, its eyes standing out.  
He plunged past with his bayonet toward the green hedge,  
King, honour, human dignity, etcetera  
Dropped like luxuries in a yelling alarm  
To get out of that blue crackling air  
His terror's touchy dynamite.

Ted Hughes

[30 marks]

Nobody

If you can't bring yourself to build  
a snowman or even to clench  
a snowball or two to fling

Section C: Unseen poetry

Answer **both** questions in this section.

at Poor Man in the Valley

[30 marks]  
AO4 [4 marks]

How does Priestley use the character of the Inspector to suggest ways that society  
could be improved?

Write about:

- what society is shown to be like in the play and how it might be improved
- how Priestley presents society through what the Inspector says and does.

[30 marks]  
AO4 [4 marks]

fell like  
diamonds.

Lindsay Macrae

7. 1

In 'The Richest Poor Man in the Valley', how does the poet present ideas about living  
a happy and contented life?

[24 marks]

# How to revise for English Literature

- Students must ensure they **know the texts**.

This includes:

- **Plot**
- **Key characters**
- **Key themes**
- **Key quotations**
- **Key moments**
- Complete practice questions and tasks set by class teachers for revision.  
Y11 Homework is going to focus on Literature revision.
- GCSE Pod
- Mr Bruff

# Exam Paper Structure GCSE English Language

Paper 1 (1 hr 45 mins) 50%	Paper 2 (1 hr 45 mins) 50%
<b>Section A</b> Reading questions based on literature fiction extract.	<b>Section A</b> Reading questions based on non fiction text and literary text.
<b>Section B</b>	<b>Section B</b>
Descriptive/narrative writing.	Writing to present a viewpoint.

**Non examination assessment: spoken language – teacher set throughout the course**

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# Exam Paper Structure GCSE English Language

**Section B: Writing**

You are advised to spend about 45 minutes on this section.  
Write in full sentences.  
You are reminded of the need to plan your answer.  
You should leave enough time to check your work at the end.

0 5

A magazine has asked for contributions for their creative writing section.

**Either**

Describe a place at sunset as suggested by this picture:



**Section B: Writing**

You are advised to spend about 45 minutes on this section.  
Write in full sentences.  
You are reminded of the need to plan your answer.  
You should leave enough time to check your work at the end.

0 5

'Our addiction to cheap clothes and fast fashion means young people in poorer countries have to work in terrible conditions to make them. We must change our attitude to buying clothes now.'

Write an article for a magazine or website in which you argue your point of view on this statement.

(24 marks for content and organisation  
16 marks for technical accuracy)  
**[40 marks]**

You are advised to plan your answer to Question 5 before you start to write.

writing.

Writing to present a viewpoint.

... assessment: spoken language –  
teacher set throughout the course

# How to revise for English Language

- The sources for English Language are **unseen**.
- Students must ensure that they **know what each question is asking them to do**.
- Students must **practise answering each question** on the paper so they are confident with **how to approach each question**.
- Practise writing in a variety of forms:
  - **Description**
  - **Narrative**
  - **Article**
  - **Letter**
  - **Speech**



CGP



# GCSE AQA English Language

For the Grade 9-1 Course

The Revision Guide

CGP

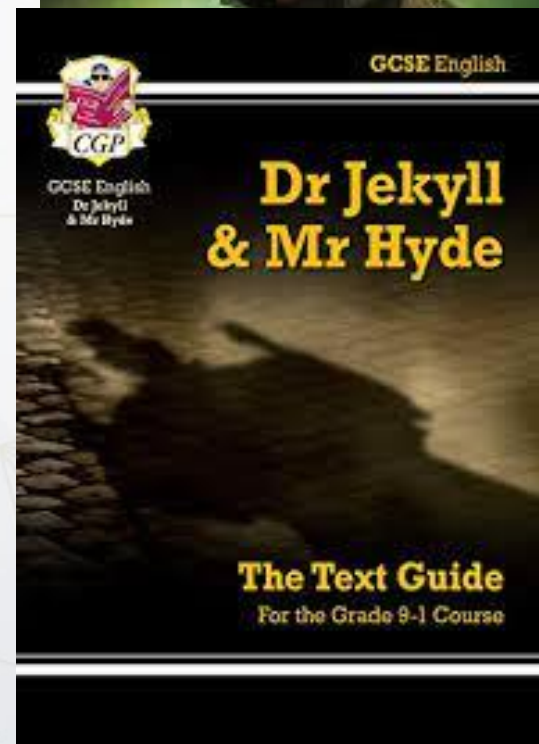
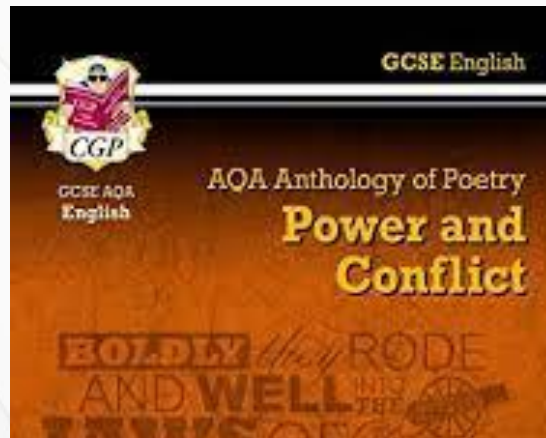
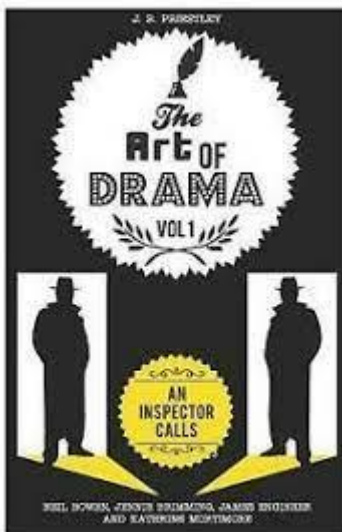
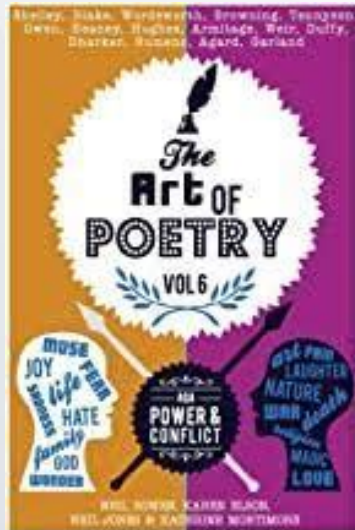


# GCSE AQA English Language



Exam Practice Workbook

Includes Videos & Answers



Collins

You can't revise  
for GCSE English!

**YES  
YOU  
CAN**

and Mark Roberts  
shows you how



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# Exam Success in GCSE Maths

Mr Conolly

Subject Lead Maths

# Maths GCSE – The Course

Pearson Edexcel GCSE (9-1) aims to:

- develop fluent knowledge, skills and understanding of mathematical concepts
- acquire, select and apply mathematical techniques
- reason mathematically, make deductions and inferences
- comprehend, interpret and communicate mathematical information in forms appropriate to the information and the context

Tier	Topic area	Weighting
Foundation	Number	22 - 28%
	Algebra	17 - 23%
	Ratio, Proportion and Rates of change	22 - 28%
	Geometry and Measures	12 - 18%
	Statistics & Probability	12 - 18%
Higher	Number	12 - 18%
	Algebra	27 - 33%
	Ratio, Proportion and Rates of change	17 - 23%
	Geometry and Measures	17 - 23%
	Statistics & Probability	12 - 18%

# Maths GCSE – Tiers

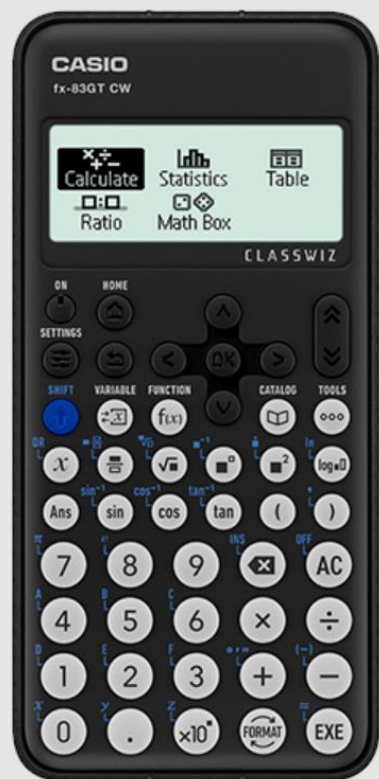
There are two tiers of entry:

- Foundation tier students can access grades 1-5
- Higher tier students can access grades 4-9

We will take all evidence into account and final tier decisions will be made after the year 11 PPEs.



# Maths GCSE – The Exam



The course is 100% exam based – split into three evenly weighted papers

- **Paper 1** – Non-calculator – 1 hour 30 mins – 80 marks
- **Paper 2** – Calculator – 1 hour 30 mins – 80 marks
- **Paper 3** – Calculator – 1 hour 30 mins – 80 marks
- Any topic can appear on any paper
- Students need to memorise a range of formulae that can be found in planners
- A good scientific calculator is essential. These are available on Wisepay.

## Edexcel GCSE (9-1) Maths: need-to-know formulae

edexcel

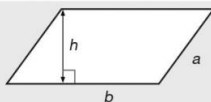
[www.edexcel.com/gcsemathsformulae](http://www.edexcel.com/gcsemathsformulae)

### Areas

Rectangle =  $l \times w$

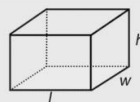


Parallelogram =  $b \times h$

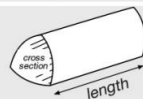


### Volumes

Cuboid =  $l \times w \times h$



Prism = area of cross section  
 $\times$  length



# Maths GCSE - Independent Study

- The key thing to getting the most out of GCSE maths is laying strong foundations - the basic core topics include number properties and calculation, ratio, fractions, decimals, percentages, and using negative numbers.
- Just like a Jenga tower, maths needs a solid foundation, otherwise everything laid on top will come crumbling down.
- Encourage your child to start their revision early so that these key topics are solid so that revision of harder skills will be effective.

# Maths GCSE – Revision

- All students have access to **Dr Frost Maths** that can be used to independently practice Key Skills and Exam Questions including past GCSE exam papers.
- Other useful maths websites for revising for GCSE include:
  - <https://www.mathsgenie.co.uk/gcse.html>
  - <https://corbettmaths.com/contents/>
  - <https://www.1stclassmaths.com/edexcelrevision>

Revision guides that include a practice section or practice book are more highly recommended

Completing past exam papers and seeking support when necessary is a highly effective revision technique for maths.





# Corbettmaths

Welcome Videos and Worksheets Primary 5-a-day  $\vee$  More  $\vee$  Revision Card

## Perimeter of a Quarter-Circle Video

Maths Genie

GCSE Revision

GCSE Papers  $\vee$

A Level Revision

A Level Papers  $\vee$

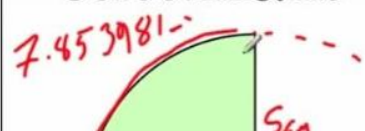
KS2 Revision

Resources



Perimeter of a Quarter-Circle

Corbettmaths



## Grade 5

### Videos

[Writing a Ratio as a Fraction or Linear Function](#)

[Direct and Inverse Proportion](#)

[Reverse Percentages](#)

[Standard Form](#)

[Speed and Density](#)

### Exam Questions

[Exam Questions](#)

[Exam Questions](#)

[Exam Questions](#)

[Exam Questions](#)

[Exam Questions](#)

[Exam Questions](#)

### Exam Questions Booklet

[Ratio Fraction Problems](#)

[Ratio Problems 2](#)

[Direct and Inverse Proportion](#)

[Reverse Percentages](#)

[Standard Form](#)

[Compound Measures](#)

### Solutions

[Solutions](#)

[Solutions](#)

[Solutions](#)

[Solutions](#)

[Solutions](#)

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FRIENDS  
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HOME

REVISION

EXAM PAPERS

SPICY QUESTIONS

The Ultimate Foundation  
Revision Booklet



Available now!

The Ultimate Higher  
Revision Booklet



Coming soon

Topic	Video Explanation	Exam Questions	Solutions	Grade	Past Series Appearance*
Completing the Square (Tricky ones!)				8+	64%
Non-linear Simultaneous Equations				8+	36%
Quadratic Inequalities				8+	73%
Circle Theorems				7+	100%

CGP



GCSE Edexcel  
**Mathematics**

Higher Level

Complete  
**Revision & Practice**

Includes **Free** Online Edition, Video Solutions & Digital Quizzes!

# Maths GCSE – How to support

- Maths is a large part about the attitude a student has towards it. Encouraging your child to have a positive approach to their maths work rather than dismissing the subject as soon as they start to struggle is key in helping them build their confidence.
- The GCSE has a huge emphasis on problem solving, meaning students need to understand how to apply maths to situations and problems, rather than just grasping it as a concept. Practicing past examination papers will help students become familiar with the problem solving expectations, please encourage them to complete as many as possible.
- Another way to help your child test their GCSE maths knowledge is to get them to teach you what they have learnt. This means you don't need to be an expert in the subject to help them develop their Maths skills.



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# Exam Success in GCSE Science

Mr Cropper  
Subject Lead Science




# Examinations in Science

## First assessment: 2018



### GCSE Combined Science (Double Award)

Question and exam papers are structured in a similar way to now.

There will be six exams:

-  2 biology papers
-  2 chemistry papers
-  2 physics papers

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**Each paper**  60 marks  1 hour 10 mins

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### Separate Sciences

These exams have the same content as Combined Science papers, with extra questions on separate science topics.

There will be six exams:

-  GCSE Biology: 2 papers
-  GCSE Chemistry: 2 papers
-  GCSE Physics: 2 papers

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**Each paper**  100 marks  1 hour 45 mins

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# GCSE Examinations Summer 2024

- All students will sit a total of 6 examinations
- For Combined Science all papers are equally weighted and are combined together to give an overall grade for Combined Science worth two GCSEs e.g. 5,4 or 7,7
- For students taking Separate Science exams, the two exams in each subject are added together to give the final grade in each Science e.g. Biology 6, Chemistry 7, Physics 6



# GCSE Examinations – Tier of Entry

- Students can sit higher or foundation tier in both Combined and Triple Science.
- **Foundation Tier** can achieve grades 1,1 to 5,5 in Combined Science and 1-5 in Triple.
- **Higher Tier** can achieve grades 5,5 to 9,9 in Combined Science and 5-9 in Triple.
- Final decisions on tier of entry will be made after the Y11 PPEs in February 2024 and discussed during Y11 parents evening.



# Pearson | Edexcel

## Combined Science

Overall grade boundaries		Max Mark	99	98	88	87	77	76	66	65	55	54
1SC0	Combined Science (Foundation) Papers 1BF, 1CF, 1PF, 2BF, 2CF & 2PF	Subject 360									203	182

	44	43	33	32	22	21	11					U
Subject	162	140	118	96	74	52	30					0

Overall grade boundaries		Max Mark	99	98	88	87	77	76	66	65	55	54
1SC0	Combined Science (Higher) Papers 1BH, 1CH, 1PH, 2BH, 2CH & 2PH	Subject 360	264	249	234	219	204	186	168	150	132	114

	44	43	33	32	22	21	11					U
Subject	96	87										0

Not achieving the required number of marks across the higher tier papers will result in a grade U.

# How we prepare students for their exams

- Students will have frequent opportunities in lessons to apply their understanding to exam style questions
- Students will be provided with weekly or bi-weekly revision packs to help plan their time
- These will ensure all topics are covered prior to the Y11 PPE
- Low stakes testing and interleaved questions in lessons will support retention of this revision whilst complementing work in lessons



# How students can prepare for their exams

1. Make the most of the revision packs given in lesson to plan and structure their revision
2. Engage with feedback from assessments during lesson to identify areas for development
3. Seek appropriate members of staff for additional support when needed
4. Use curriculum overviews and knowledge organisers to inform revision. Use resources such as revision guides, BBC Bitesize, Seneca Learning, Physics and Maths Tutor and GCSE Pod to ensure all specification points are met
5. Create revision resources such as mind maps, flash cards for each topic, ensuring each spec point is met
6. Follow up making revision resources with practise questions!

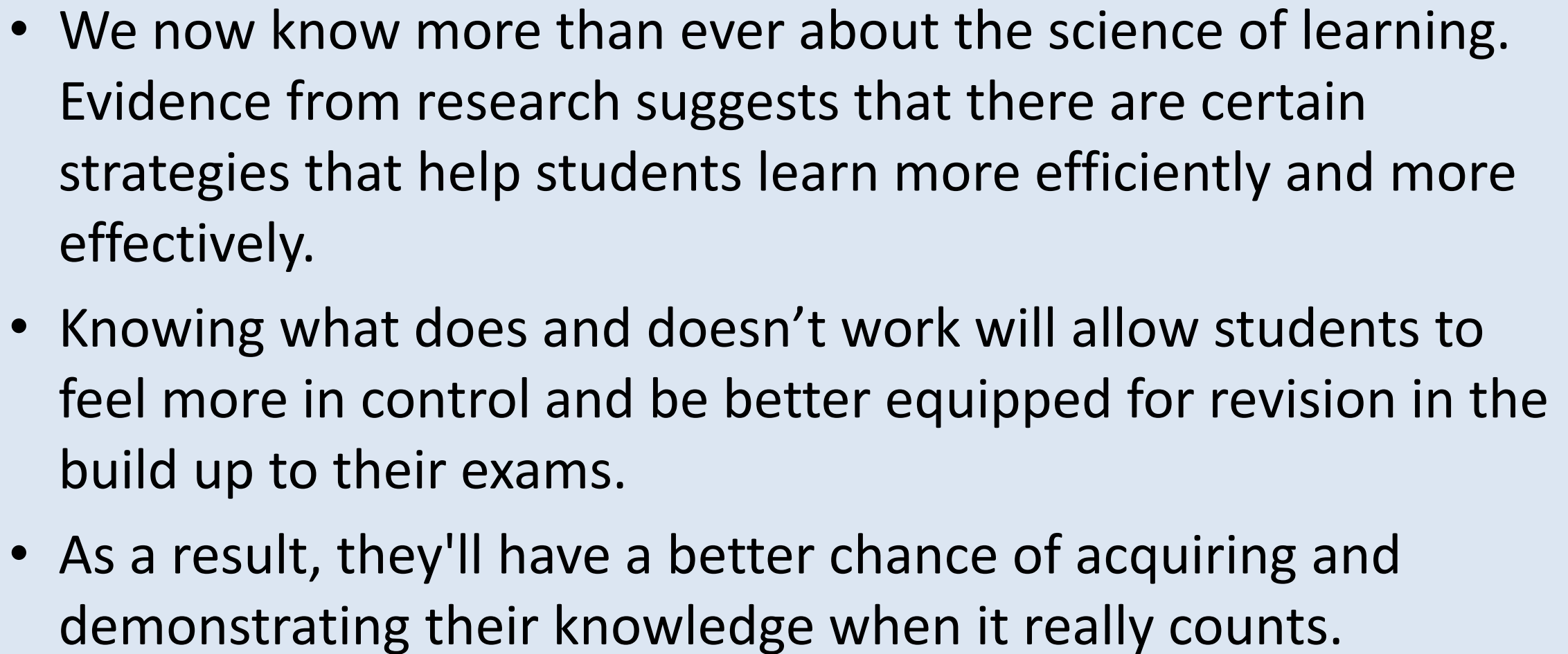
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# Revision and Learning through Cognitive Science Techniques

Mrs Dodge

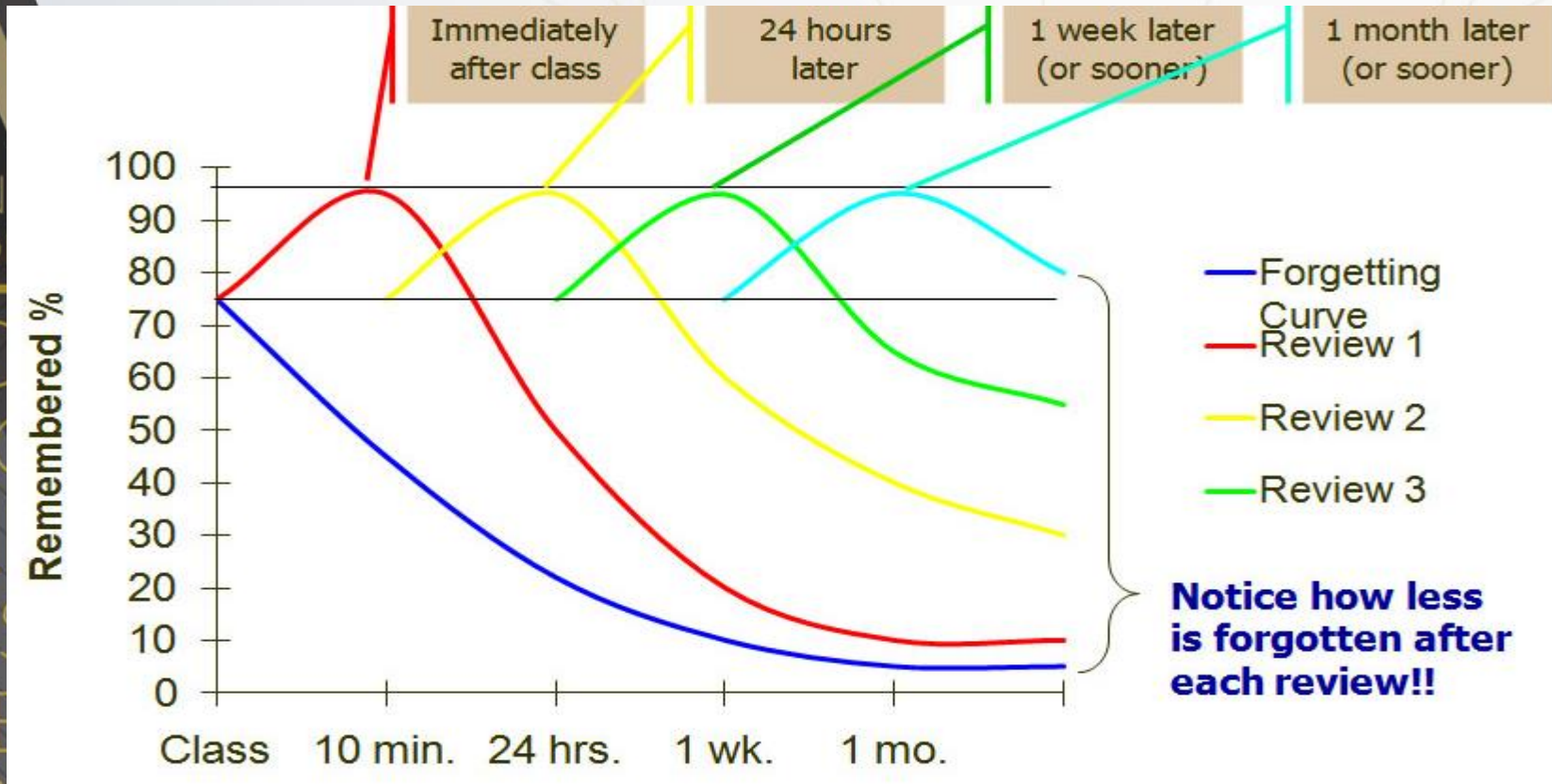
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- We now know more than ever about the science of learning. Evidence from research suggests that there are certain strategies that help students learn more efficiently and more effectively.
  - Knowing what does and doesn't work will allow students to feel more in control and be better equipped for revision in the build up to their exams.
  - As a result, they'll have a better chance of acquiring and demonstrating their knowledge when it really counts.



## RESPECT



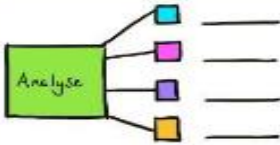
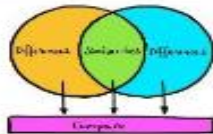
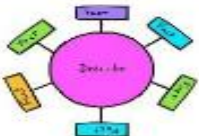
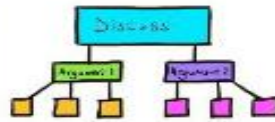
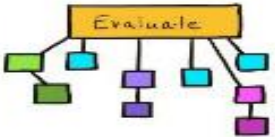
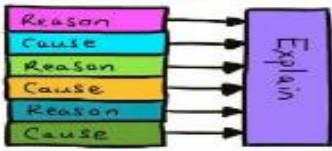

# Learning Scientists Techniques used at EDA





# EXAM COMMAND WORDS an ImpactWales Guide

We provide bespoke research-informed school support designed for impact. To find out more [www.impact.wales](http://www.impact.wales)

@ImpactWales Analyse	Break down into its fundamental parts and examine each in detail, stating its significance.		Key point 1 this shows/operates/gives/illustrates. Name and describe each key point.
Compare	Identify differences and similarities between two or more sources of evidence.		however, whereas, larger than, greater, smaller, more than.....
Describe	Write about the features of a source of evidence using factual details.		patterns, trends, characteristics, distributions, effects, relationships
Discuss	Build up a balanced argument with supporting details.		Fact.. this is supported by shown by, you can see that, exemplified by, an example of this is.....
Evaluate	Make a judgement about or give an opinion on a source of evidence, backed up by supporting details.		This shows that.... I believe that.... In my opinion.... The evidence shows us that....
Explain	Give reasons or causes for. Show an understanding of how or why something has occurred.		this happened and this shows... causes a reaction.... shows how it can/will
Summarise	Draw your key ideas and key points on a source of evidence together in one short section of writing.		Must be: Concise, accurate, objective Condenses information into key points



# Why is this a good revision timetable?

Reasonable: one revision session on home study days (for now)

Varied: different topics means this person will be thinking hard.

Sustainable: break days have been built in.

	Mon 03/10	Tue 04/10	Wed 05/10	Thu 06/10	Fri 07/10	Sat 08/10	Sun 09/10
Home study	1. PE 2. Computer science	X	1. Maths	1. English 2. Science		X	1. French 2. History
Revision 1:	English A Christmas Carol Seneca	X	French Past tense Languagenut	Sports Studies Issues in Sport Flashcards	History The NHS Retrieval booklet	X	Maths The nth term <u>Sparx</u>
Revision 2:		X			Science Seneca Covalent bonds	X	

Specific: the subject, sub-topic, and method have been defined.

Responsible: this person has used days when they don't have home study for extra revision

# How do I improve my sleep?

In order to learn and revise effectively, you have to think hard. Being able to think hard partially depends on being well-rested and sleeping well. There are strategies you can use which can help you get to sleep more quickly and which can improve the quality of your sleep.

If you have serious and/or long-term issues with your sleep, discuss it with your parents or carers.

## When revising:

### Do:

- ✓ ...establish times for when you go to bed and wake up every day (including weekends).
- ✓ ...create a routine which you follow before you go to bed.
- ✓ ...avoid screens for at least an hour before you go to bed.
- ✓ ...avoid caffeine in the evening.
- ✓ ...make your sleeping environment quiet, dark, and cool in temperature.
- ✓ ...get up and reset if you're finding it difficult to sleep.

### Don't:

- X ...go to bed and get up at different times each day or over the weekend.
- X ...prepare for bed differently every night.
- X ...browse your phone or computer directly before you go to bed.
- X ...drink caffeine before you go to bed.
- X ...try to sleep in a bright or stimulating environment.
- X ...try to force yourself to sleep.

# How do I decide what to revise?

Whenever you revise, you are doing one of three things:

1. Finding and closing gaps in your knowledge.
2. Strengthening fading knowledge in your long-term memory.
3. Practising recalling knowledge quickly.

Whichever purpose your revision has, it is important that you focus on the weaknesses within your knowledge. It is tempting to revise topics you're already good at. However, if you do this, you waste valuable revision time and you could get a nasty shock when you don't do well in exams or assessments.

Before you start revising for a subject, you should decide what you need to focus on.

## When deciding what to revise:

### Do:

- ✓ ...gather information about the topics which you need to revise.
- ✓ ...break subjects and topics down into manageable chunks.
- ✓ ...revise topics which you don't enjoy or which you find difficult.
- ✓ ...keep a record of the topics you have chosen to revise and the revision you have completed for those topics.

### Don't:

- X ...spend more time making lists of what to revise than actually revising.
- X ...write down entire subjects or topics as areas to revise.
- X ...revise topics you enjoy or topics in which you are already successful.
- X ...expect yourself to remember the areas which you need to revise.



# Where should I revise?

When you revise effectively, you pull information from your long term memory and strengthen it in your working memory. You may also be finding gaps in your long term memory and closing them by thinking hard about new information in your working memory.

Your working memory can only hold a small amount of information at once. In order to revise and learn effectively, you should use techniques which stop your working memory from becoming overwhelmed.

Anything that you are currently experiencing or paying attention to takes up space in your working memory. One way that you can free up space in your working memory is by working in an environment which is free from distractions.

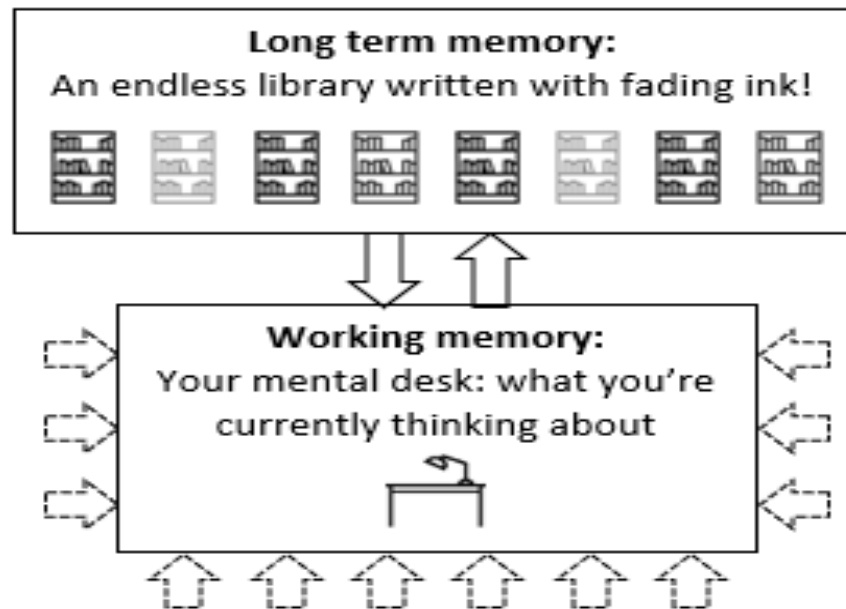
## When creating a space to revise:

### Do:

- ✓ ...work in a tidy environment where you have the tools you need to revise effectively.
- ✓ ...work in a quiet environment.
- ✓ ...put your phone in another room or use an app on your which blocks social media.
- ✓ ...work in a space which you only use for home study, schoolwork or revision.

### Don't:

- X ...work in a cluttered environment.
- X ...distract yourself with (loud) music or noise.
- X ...work near your phone or other devices which can access social media.
- X ...work in the same space where you relax.



# HOW CAN PARENTS HELP THEIR CHILD PREPARE FOR EXAMS?

## ***Minimise Distractions***

- One way in which parents can help their child to achieve is by ensuring that they are revising without any distractions present. One of the most common distractions nowadays is a mobile phone. Parents ensuring that their child does not revise with their phone within arms reach will give these students a better chance of doing well and staying focused. The short term pain of removing a phone will almost certainly be worth the long term gain.

## ***Help with Revision***

- Parents can help their children with revision through using retrieval practice (i.e. having to generate an answer to a question). This can be achieved in a number of ways: for example, parents could test their child on flashcards that their child has made as part of their revision, or use the multiple choice or essay questions based on the subject material. From the revision guides

## ***Help Them Cope with Setbacks***

- The exam period is a highly stressful time, and some exams may not go as well as the student would have hoped. When this scenario occurs, a parents reaction to this can be key as to whether or not the child overcomes the setback. Parents should try and view the child's mistakes, however frustrating, as an opportunity for learning rather than a judgment on their ability, as this helps to develop a growth mindset, causing the child to believe that they can do better next time.

# Take Away Points

- Coach your child through their GCSEs
- Key Dates already shared with parents – please note exam contingency dates
- Discuss/help your child to build a revision timetable for their PPEs and the summer exams
- Encourage your child to access their online resources - GCSE Pod, Seneca Learning, Massolit, Dr Frost
- Elevate Education Workshop on February 2024
- February 2024 PPEs and Mock Results Day
- Intervention sessions – these have already begun and parents notified of relevant sessions