



# ERASMUS DARWIN ACADEMY

*Excellence for All*

## Personal Development

### Aims

Personal Development can be described as encouraging pupils to become personally, emotionally, socially and physically effective, and to lead healthy, safe and fulfilled lives. It also encourages them to become confident, independent and responsible citizens, making informed and responsible choices and decisions throughout their lives. (CCEA, 2002)

### The Course

This is a new, exciting and highly relevant subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, while preparing them to make the most of life and work. Students are also encouraged to understand their role in society, by considering different viewpoints, values and attitudes. Personal Development in Key Stage 4 will build upon content covered in Key Stage 3 and provide a comprehensive programme that integrates, but is not limited to, RSHE statutory content, economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

Students will gain a deeper understanding of three core themes. Each of these themes will be a focus throughout an academic term:

#### 1. Relationships

- Heathy relationships
- Communication in relationships
- Addressing extremism and radicalisation
- Families

#### 2. The Wider World

- Financial decision making
- Next step
- Work experience

#### 3. Health and Wellbeing

- Mental Health
- Building for the future
- Exploring influence
- Independence

### Assessment

- **Students will be assessed internally following the academy assessment calendar.**
- **Assessments will follow a multiple choice questions format.**
- **Students will not only have to recall knowledge but also apply to a variety of given scenarios.**

### Contact

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