



ERASMUS DARWIN ACADEMY

Excellence for All

CORE PE

Aims

Our aim during Years 10 & 11 is to inspire our students to lead active, healthy lifestyles long after they leave the Academy. Our curriculum is designed to give students the insight into how to lead a lifestyle that will benefit their overall well-being, and the benefits of this for their physical health. Guided by their teachers, Year 10 students will select a pathway that will best inspire and benefit them to achieve, enjoy the subject and prepare them for an active and healthy life.

The Year 10 Pathways

In conjunction with their teachers, students will be guided towards one of three pathways, based on their interests in Physical Education. The pathways are based around the PE department vision of *Passion.Pride.Perform.* The pathway information is listed below:

The Passion Pathway	The Pride Pathway	The Perform Pathway
<p>This pathway will give students the opportunity to gain leadership experience within sport and learn about the attributes of effective and successful sports leaders, before then apply these within their own sports leadership. This pathway will also give the students the opportunity to officiate in a wide variety of sports and gain an appreciation of the laws associated with the sports explored, before having to apply them whilst officiating competitive matches within lessons.</p> <p>A fully practical pathway that will be based around taking part in a wide range of different sports, whilst learning the skills of leadership and officiating alongside this.</p>	<p>This pathway will give students the opportunity to learn how to develop and maintain their physical health and fitness.</p> <p>In this pathway students will take part in a wide variety of fitness classes, along with gaining knowledge of the various components of fitness. This pathway then lets students design and run a fitness training programme based on their individual aims and current fitness levels.</p> <p>Students will then participate in a wide variety of recreational sports to inspire them to hopefully undertake one in their own time.</p>	<p>This pathway is designed for students who enjoy the competitive element of sport and physical activity. Students who opt for BTEC Sport or GCSE PE will take this pathway, to aid with their qualification.</p> <p>The focus of this pathway is to further improve students' knowledge, understanding and application of the key skills, techniques and tactics in a wide range of team and individual sports.</p> <p>The aim of this pathway is to raise students level of performance across a range of competitive sports.</p>

The Year 11 Curriculum

In Year 11, students will explore a more diverse range of sports and physical activities, whilst still following the pathways from Year 10.

Post 16 Opportunities and Careers

Our core PE curriculum gives students an insight into a wide variety of activities and sports, to inspire them to participate in physical activity for the whole of their lives. Students may find an activity that they then pursue long after they leave us. This could be as a performer, a sports leader, a coach or a manager or as an official. Remember there is a sport and a position out there for everyone, it's our job to help you find it!

Contact

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