



# ERASMUS DARWIN ACADEMY

*Excellence for All*

## BTEC Level 2 First Award in Sport

### Aims

The aims of this course are to allow students who are passionate about sport the opportunity to enhance their application and appreciation of the key skills required to thrive and excel in society and the work place. This fantastic vocational qualification will give students the tools they require to be able to perform well in many establishments and at the same time develop their knowledge, understanding and appreciation on a wide variety of important areas of sport. This course provides an excellent foundation to go on to study sport at college or university.

### The Course

The course run at Erasmus Darwin Academy is the Edexcel BTEC Level 2 First Award in Sport. In order to complete the course students will be required to complete 4 units of work. These units are likely to be:

**Unit 1:** Fitness for sport and Exercise    **Unit 2:** Practical Sports Performance

**Unit 3:** Applying the Principles of Personal Training    **Unit 6:** Leading Sports Activities

### Assessment

Unit 1 is assessed through an online exam. In the other units, work is all coursework based. Assessment will take many forms, varying from something as simple as being recorded in a sports match, carrying out fitness tests and exercise sessions, producing posters, giving presentations to a class, group discussions, as well as written assignments.

Grades awarded in a BTEC subject are based upon equivalencies to GCSE grades. Assignments will be assessed against the criteria set out by Edexcel and students have the possibility of achieving the following:

**Distinction\*** = GCSE Grade 8  
**Distinction** = GCSE Grade 7  
**Merit** = GCSE Grade 6  
**Pass** = GCSE Grade 5  
**Level 1 Pass** = GCSE Grade 3/4

### Choose this course if..

- You have an interest and passion for sport, but **do not compete regularly** either inside or outside of school.
- You do not compete in **at least three sports regularly** and at a good level.
- An **online exam** format would suit you better than a written exam.
- You would benefit from a **variety of assessment** methods completed as coursework units.
- You have an interest in **coaching or leadership** in sport.

### Post 16 Opportunities and Careers

Students completing this course will be given the key skills required to excel and go onto sixth form to complete a **BTEC National Diploma in Sport**. Completing this course will then open the doorway to college or university to complete degree courses in possibly Sports Studies, Sports Coaching, Sports Massage, Public Services, Personal Training and even Teaching.

### Exam Board Information

<https://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html>



#### Contact

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